



Celebrate the Sikh New Year & Sikh Environment Day with Boota Parshad

Sri Guru Nanak Dev Ji's Bara Maha or *'twelve months'* composition in Raag Tukhari says:
'In the month of Chet, the splendour of spring has sprung and the bumble bee hums with joy'

A wonderfully simple way to celebrate the Sikh New Year and Sikh Environment Day, is to distribute 'Boota Parshaad' to the Sadh Sangat.

You will need:

1. A space in the Gurdwara Sahib - preferably near an exit.
2. A table
3. A bag of all-purpose compost.
4. 2 small hand shovels
5. 100 flower bulbs and planting pots (vary numbers accordingly, depending on Sadh Sangat)

This is how to do it:

Set up the table with the compost, bulbs, planting pots and hand shovels so that they're readily available.

As the Sadh Sangat exits the Gurdwara Sahib, encourage them to plant a bulb in a pot and provide instructions how to care for the bulb and when to plant outdoors.

The bulbs will flower yearly and will attract bees that are critical for fertilising plants and flowers.

Seeing the bees visiting the flower will remind us of the afore mentioned Shabad by Sri Guru Nanak Dev Ji and motivate us to create a healthy mind and environment.

Eco-Sikh UK wish you all a very Happy Sikh New Year!